

Candidate Registered Dietitian Mentor Agreement Form

Thank you for agreeing to support _____ in a mentorship capacity while they practice as a Candidate Registered Dietitian (RD(c)) before writing the national entry-to-practice examination, the Canadian Dietetic Registration Examination (CDRE). The CDRE is offered in May and November each year.

A mentor supports a Candidate Registered Dietitian by sharing professional knowledge and expertise relevant to the candidate's role. The mentor is not responsible for preparing the candidate for the CDRE.

Suggested activities:

- Guide a candidate in their practice and support their learning by answering questions, sharing resources and case studies, and offering advice and opportunities for discussion.
- Conduct random reviews of chart notes, if applicable, and provide feedback.
- Answer questions and assist with problem-solving and ethical dilemmas within a mentorship capacity.
- Review relevant aspects of the Jurisprudence Handbook and Jurisprudence Quiz with the candidate.
- Discuss how the NSRD Standards of Practice and Code of Ethics apply to the candidate's role.
- Support candidate in establishing professional development goals.

The candidate should initiate the first meeting with their mentor to develop a communication plan for future interactions. Regular communication provides opportunities for the candidate to ask questions and discuss practice-related topics with their mentor.

Meetings may initially occur weekly and become biweekly as the candidate gains knowledge and skills. Each meeting must be documented to include the date, topics discussed, and signatures or electronic acknowledgement from both parties.

Mentor Agreement

I, _____, agree to act as a mentor for _____ during the time that they are registered with the Nova Scotia Regulator of Dietetics (NSRD) as a Candidate Registered Dietitian(RD(c)).

I agree to contact NSRD if I have concerns about the candidate's competence to practice or their professional conduct.

Signature of mentor

Date

Mentor's profession	
Registration #	
Area of practice	
Employment phone number	
Employment email	