

SUMMER NEWSLETTER 2025

NSRD COMMUNICATIONS: STAY INFORMED, STAY CONNECTED

The NSRD communicates primarily through email. It is each registrant's responsibility to ensure that their NSRD profile, including contact information, is kept up to date. If emails from the NSRD are not being received, registrants should verify that their contact details are accurate. Registrants are also encouraged to adjust email settings to mark NSRD (info@nsrd.ca) as a trusted sender. Additionally, all email correspondence from the Regulator is accessible within the NSRD profile. Contact information can be updated by editing the profile details within the NSRD account.

SNAPSHOT: REGISTRANT OBLIGATIONS MADE SIMPLE

The NSRD is pleased to present three brief videos created by our Regulatory Legal Counsel to help registrants gain a clearer understanding of key regulatory responsibilities under the RHPA.



Each video delivers a brief and accessible overview of a specific obligation related to professional practice:

- [Professional Liability Insurance](#)
- [Duty to Report](#)
- **Holding a License** – *Coming Soon (will be posted on the NSRD website in September)*

These videos are intended to clarify key expectations and support registrants in meeting their regulatory requirements. We encourage all registrants to review them as part of staying informed and accountable in practice.

CALL FOR MEMBERS: CDRE FRENCH TRANSLATION COMMITTEE

The Alliance of Canadian Dietetic Regulatory Bodies is currently recruiting volunteers to serve on the CDRE French Translation Validation Committee. More information about this opportunity can be found [HERE](#).

Those interested are asked to complete the application included in the document linked above. The deadline to apply is **Friday, September 29, 2025**. Completed application can be sent by email to cdre.manager@dieteticregulators.ca.

REGISTRANT PORTAL TRANSITION NOW COMPLETE

The transition to the new Alinity registrant portal is now complete. While the system is fully functional, users may encounter minor issues as adjustments continue. For guidance on common questions, please consult recent newsletters. If you experience an error or have additional questions, contact us at info@nsrd.ca for assistance.

THANK YOU FOR YOUR VALUABLE FEEDBACK

The NSRD would like to sincerely thank all registrants who participated in the recent consultation opportunities on the NSRD Bylaws and the Standards for Ordering Bloodwork.

- Feedback on the NSRD Bylaws was collected between April 22 – May 22, 2025.
- Feedback on the Standards for Ordering Bloodwork was gathered between July 23 – August 22, 2025.

We greatly appreciate the time and thoughtful feedback shared during each consultation. All submissions are carefully reviewed by the NSRD. Your contributions are instrumental in shaping clear, effective, and relevant regulatory documents that support safe and competent dietetic practice in Nova Scotia.

Following the review of feedback, the final draft of the NSRD Bylaws was approved by the Board on August 20, 2025. The NSRD is currently reviewing feedback received on the Standards for Ordering Bloodwork. All input is being considered, and the final draft is currently being prepared. The final approved standards will be share in a future newsletter and posted on the NSRD website.

YOU ASKED, WE ANSWERED

Q: My professional liability insurance is set to expire before the next renewal deadline. How should I manage this?



A: As a regulated health professional, it is a dietitian's responsibility to maintain a valid professional liability insurance certificate on their NSRD profile. The [NSRD Liability Insurance Policy](#) states: *"if insurance documentation in a dietitian's registration profile indicates an insurance policy is out of date, the dietitian will be notified, and an insurance lapse fee that is equivalent to 50% of the licensing fee will be applied. If the dietitian fails to upload proof of insurance within three business days, the dietitian's license will be suspended, and their employer will be notified"*. When updating your profile with a new insurance document, it is important to record the correct expiry date.

Q: How can I update my NSRD profile and add documents between renewal periods?

A: Registrants are responsible for keeping their NSRD profiles current. This includes updating employment details, supervisor information, phone number, email address, mailing address, and professional liability insurance certificates along with their expiry dates.

To update your profile:

- Log in and select **'My Profile'** from the menu on the left side of the main profile page.
- In the **'My Profile'** table, click **'Edit Profile'** at the top left of the page.
- After making changes, be sure to scroll down and click the **'Submit'** button at the bottom of the page to save your updates.

There is also a **'Save for Later'** option if you are not ready to submit. Please note updates will only be added to your profile once the **'Submit'** button is used.

Q: What qualifies as a ‘Conversation with a Subject Matter Experts’ learning activities for the Continuing Competency Program learning log?

A. This learning activity category is intended for intentional, educational discussions with a recognized expert on a topic relevant to dietetic practice. Examples include attending grand rounds or a structured lunch-and-learn session led by an expert, participating in a Q&A during a professional webinar, or having a one-on-one discussion with an expert to deepen knowledge on a specific subject. Informal conversations with colleagues, casual workplace chats, general work meetings, and working group meetings do not qualify under this category. However, preparation work for these meetings may count as another type of learning activity. While new learning often arises from conversations with colleagues, these informal learning opportunities are captured under the [active practice](#) requirement for dietitians. The Continuing Competency Program is intended to capture formal and intentional learning activities.

When recording this activity in the learning log, be sure to include the expert’s name and the topic discussed to clearly show the educational purpose. For more information, refer to the [NSCDN Continuing Competency Program Guide](#).

Q: What should I do if I see someone in Nova Scotia who is not registered with the NSRD using the title “nutritionist” and giving nutrition advice for a health condition?

A. If you believe someone is using a protected title or offering dietetic services without being licensed by the NSRD, we encourage you to submit your concern to the NSRD. Please include any relevant details, such as:

- Screenshots showing the individual using the title (e.g., “nutritionist” or “dietitian”);
- Screenshots or descriptions of the nutrition services they are offering, particularly if they relate to a medical condition; and
- Evidence that they are advertising or identifying themselves as being located in Nova Scotia (e.g., address, location references, or contact details).

It’s important to note that some regulated health professionals may have overlapping scopes of practice and, within their own regulatory framework, may be permitted to provide certain dietetic services. However, the use of protected titles such as “dietitian,” “nutritionist,” or “RD” is restricted to those registered with the NSRD.

QUESTIONS?

If you have questions regarding the NSRD, please visit the NSRD website at www.nsrld.ca or email your question to info@nsrd.ca.