

## FALL NEWSLETTER 2025

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### NSRD COMMUNICATIONS: STAY INFORMED, STAY CONNECTED

The NSRD communicates primarily through email. It is each registrant's responsibility to ensure that their NSRD profile, including contact information, is kept up to date. If emails from the NSRD are not being received, registrants should verify that their contact details are accurate. Registrants are also encouraged to adjust email settings to mark NSRD (info@nsrd.ca) as a trusted sender. Additionally, all email correspondence from the Regulator is accessible within the NSRD profile. Contact information can be updated by editing the profile details within the NSRD account.

### NATIONAL DAY FOR TRUTH AND RECONCILIATION – SEPTEMBER 30

September 30 marks the National Day for Truth and Reconciliation, a time to acknowledge the tragic history and lasting impacts of residential schools in Canada, and to honour Survivors, their families, and their communities.

This date is also recognized as **Orange Shirt Day**, which serves as a reminder that *every child matters*—past, present, and future.

The National Day for Truth and Reconciliation is an opportunity for all of us to pause, learn, and reflect on both the history and present-day realities of Indigenous Peoples, as called for by the Truth and Reconciliation Commission and Indigenous leaders.

### WORKSHOP & PANEL SERIES: TRUTH AND RECONCILIATION IN DIETETIC PRACTICE

The NSRD is partnering with other provincial dietetic regulators to offer registrants the opportunity to participate in a workshop series that explores privilege, oppression, and building respectful relationships in dietetic practice for dietitians and dietetic students. This is a time for reflection, learning and action as we recognize the 10<sup>th</sup> anniversary of the [Truth and Reconciliation Commission of Canada Calls to Action Report](#).

The series hopes to connect dietitians and demonstrate awareness of Indigenous values and ways of knowing and is offered in partnership with the dietetic regulatory colleges of Saskatchewan, Ontario, New Brunswick, and Newfoundland & Labrador.

#### Part 1: Workshop – Truth - October 3, 2025, 1:00 – 2:00 p.m. ADT

Learn to use and apply the [Coin Model of Privilege and Critical Allyship](#) framework to deepen our understanding of unearned advantage and disadvantage, allowing a reflective look at ourselves, wherever we are in our journey of learning and unlearning. This session will be facilitated by Drs. Stephanie Nixon and Ed/Tecumseh Connors, of [Future Building](#).

## Part 2: Panel Discussion – Reconciliation – October 23, 2025 1:00 – 2:00 p.m. ADT

Building on Part 1, this moderated panel will share Indigenous teachings and powerful storytelling to guide inclusive, culturally responsive dietetic care. Our session panelists are Dr. Ed/Tecumseh Connors and Kelly Gordon, RD.

### Important Details

- Both sessions are offered via Zoom in English with live French translation.
- Recordings will be made available after the workshop series concludes. You do *not* need to register for the sessions to access the recordings.
- If Zoom capacity is reached, participants may join via livestream [here](#).

### Zoom Registration

Dietitians and dietetic students can register here for both sessions:

1. [Part 1: Truth](#) – October 3
2. [Part 2: Reconciliation](#) – October 23

Future Building Preview: [Dr. Stephanie Nixon | Why future building demands a new kind of leader](#)

## AT A GLANCE: UNDERSTANDING YOUR OBLIGATIONS



All three educational videos are now available for registrants. Developed by NSRD's Regulatory Legal Counsel, these short resources provide important guidance on regulatory responsibilities under the RHPA and are intended to support licensees in clearly understanding key requirements.

- [Professional Liability Insurance](#)
- [Duty to Report](#)
- [Holding a License](#)

### QUESTIONS?

If you have questions regarding the NSRD, please visit the NSRD website at [www.nsrld.ca](http://www.nsrld.ca) or email your question to [info@nsrd.ca](mailto:info@nsrd.ca).

## REGULATORY UPDATES

The NSCDN is pleased to share the 2024/25 Annual Report and the RHPA Dietetic Regulations, highlighting key updates and developments in the regulation of dietetics in Nova Scotia.

- [Dietetics Regulations](#) (RHPA)
- **2024/25 NSCDN Annual Report** – *Will be posted on the NSRD website soon.*