

## Board Meeting Summary Notes

On November 20, 2025, the Board convened in person to discuss the agenda items listed below and to approve the associated motions:

### Call to order

#### Adoption of Agenda

- Approved the November 20, 2025, Board Meeting Agenda.

#### Adoption of Minutes

- Approved the minutes of the September 27, 2025, NSRD Board Meeting.
- Approved the September 27, 2025, NSRD Board Meeting Summary Notes.

#### Conflict of Interest

#### Board Education

#### Communications and Support

#### Items for Decision

- Recognize client location as the basis for practice and to require NSRD licensure for dietitians offering virtual care to Nova Scotia clients starting April 1, 2026.
- Approve the Fitness to Practice Policy Manual as presented.
- Approve the Professional Conduct Policy Manual as presented.
- Approve the Registration Category and Public Registrar Policy as presented.
- Approve the Application Expiry Policy as presented.
- Approve the Insulin Dose Adjustment and Diabetes Self-Management practice direction as presented.as presented.
- Approve the Committees Terms of Reference Manual as presented as presented.
- Appoint Tina Witherall and Wanda MacDonald to the Appointments Committee and Erica Reynolds as Chair of the Committee for a three-year term.
- Approve the NSRD Board Composition/Competency Matrix as presented.

#### Monitoring ED/Registrar Performance (Ends and Executive Limitations)

- Accept the ED/Registrars Global Ends Policy Interpretation (Policy 1.0) as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.3, Financial Planning/Budgeting, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Acknowledge that the Board reviewed the Executive Limitation Policy 2.3, Financial Planning/Budgeting, and that the policy statement continues to be accepted at this time.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.4.1, Allow financial conditions to drop below acceptable levels, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.10, Communication and Support to the Board, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.

- Acknowledge that the Board reviewed the Executive Limitation Policy 2.10, Communication and Support to the Board, and that the policy statement continues to be accepted at this time.

**Monitoring Board Performance**

- Confirm the verbal monitoring and review that the Board of the NSRD demonstrated compliance with policies 3.0, 3.1, 3.3, 3.6, and 4.0, and that the policy statements continued to be accepted at this time.

**Self-evaluation of Governance Process at this meeting**

- The chair reminded all board members to complete the board evaluation form.

**Adjournment**

- Motion to adjourn the meeting at 7:15 pm.