

Board Meeting Summary Notes

On March 24, 2026, the Board convened in person to discuss the agenda items listed below and to approve the associated motions:

Call to order

Adoption of Agenda

- Approved the March 24, 2026, Board Meeting Agenda.

Adoption of Minutes

- Approved the minutes of the November 20, 2025, NSRD Board Meeting.
- Approved the November 20, 2025, NSRD Board Meeting Summary Notes.

Conflict of Interest

Board Education

Communications and Support

Items for Decision

- Ratify the electronic vote conducted on Nov 26, 2025, approving the proposed policy amendment to 'Registration Policy – Internationally Trained Dietitians'
- Ratify the electronic vote conducted on Nov 26, 2025, approving the Virtual Practice Policy as presented
- Approve the memorandum of Understanding between the regulatory authorities in NS and PEI.
- Approve the Governance and HR Committee Terms of Reference
- Appoint the following board members as recommended by the Appointments Committee:
 - Jullian MacLean –2-year term
 - Annick Arseneau – 2-year term
 - Kolten MacDonell - 3-year term
 - Kristen Harvey - 3-year term
 - the following officers:
 - Jullian MacLean - Chair
 - Kolten MacDonell - Vice-chair
 - Kristen Harvey – Treasurer
- Accept the Fiscal 2027 budget as presented
- Approve a phased fee increases to \$670 in F28 and \$700 in F29 is recommended to support implementation of the practice review program and ensure continued compliance with Executive Limitation Policy 2.3
- Approve a capped renewal late fee and the insurance lapse fine to \$300 as a replacement to the fee set as 50% of the annual licensing fee.
- Approve a change to the term license from 3-month term license to a 4-month term licence at a fee of \$300 effective June 30, 2026. The term license will increase to \$315 in fiscal 2028 and \$330 in fiscal 2029. itness to Practice Policy Manual as presented.
- Approve a fee of up to \$50 for prescriber applications, with the final cost at the discretion of the Registrar & Executive Director.
- Approve the updated Prescribing Standards for Dietitians as presented

- Approve the Vulnerable Sector and Criminal Record Check Policy

Monitoring ED/Registrar Performance (Ends and Executive Limitations)

- Accept the ED/Registrars Executive Limitation Monitoring Report 2.4, Financial Condition and Activities, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Acknowledge that the Board reviewed the Executive Limitation Policy 2.4, Financial Condition and Activities, and that the policy statement continues to be accepted at this time.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.5 – Asset Protection, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Acknowledge that the Board reviewed the Executive Limitation Policy 2.5 – Asset Protection, and that the policy statement continues to be accepted at this time.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.6 – Investments, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Acknowledge that the Board reviewed the Executive Limitation Policy 2.6 – Investments, and that the policy statement continues to be accepted at this time.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.7 – Compensation and benefits, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Acknowledge that the Board reviewed the Executive Limitation Policy 2.7 – Compensation and benefits and that the policy statement continues to be accepted at this time.
- Accept the ED/Registrars Executive Limitation Monitoring Report 2.9 – Emergency Registrar succession, as a reasonable interpretation of the policy, and that the evidence presented demonstrates compliance with the policy.
- Acknowledge that the Board reviewed the Executive Limitation Policy 2.9 – Emergency Registrar succession, and that the policy statement continues to be accepted at this time.

Monitoring Board Performance

- Confirm the verbal monitoring and review that the Board of the NSRD demonstrated compliance with policy 3.7 and that the policy statements continued to be accepted at this time with the addition of the Governance and HR committee and the Risk Committee added to policy.
- Confirm the verbal monitoring and review that the Board of the NSRD demonstrated compliance with policy 3.8 and that the policy statements continued to be accepted at this time.

Self-evaluation of Governance Process at this meeting

- The chair reminded all board members to complete the board evaluation form.

Adjournment

- Motion to adjourn the meeting at 7:55 pm.