

Dietetic Virtual Care under the NSRD–CDPEI MOU: What Registrants Need to Know

Dietitians providing virtual dietetic care under the Memorandum of Understanding (MOU) between the Nova Scotia Regulator of Dietetics (NSRD) and the College of Dietitians of Prince Edward Island (CDPEI) must follow specific requirements to support safe and appropriate care.

When practising virtually under this MOU, registrants must:

- Follow all terms of the MOU and their primary regulator’s standards, code of ethics, and policies.
- Disclose their primary province of registration and regulatory authority to patients.
- Confirm that the patient is physically located in a participating jurisdiction at the time of the appointment.
- Practise only within their scope of practice, competencies, and any employer-imposed limitations.
- Ensure their professional liability insurance covers virtual care delivered under the MOU.
- Use virtual care and technology appropriately for each patient and situation.
- Take steps to address language barriers that may affect the quality or safety of care.
- Have a plan in place to respond to emergencies or unexpected events during a virtual session.
- Act if virtual care is not appropriate or safe, including rescheduling or facilitating alternate care.
- Protect privacy and confidentiality, obtain informed consent, and meet record-keeping requirements.
- Comply with applicable legislation in both provinces; where legislation differs, the legislation of the primary province of registration applies.

This guidance supports consistent, safe, and accountable virtual dietetic practice across Nova Scotia and Prince Edward Island.

Questions and Answers

Some dietetic care can be provided virtually across Nova Scotia and PEI under a shared agreement between provincial regulators. This applies only in specific situations.

When Does This Apply?

This applies only when:

- The dietitian and patient are in different participating provinces, and
- The care is part of an ongoing care plan managed by a provincial Health Authority or Crown Corporation (for example, through the public health system)

Is the Care Still Regulated?

Yes. When this agreement applies, the dietitian is still regulated by their home province regulator and must meet professional standards, privacy requirements, and safety expectations.

Does this apply to private virtual dietetic practice?

No. This agreement does not apply to private virtual dietetic services.

What If I Have a Concern?

If you have concerns about your care, you can contact the dietetic regulator in the province where your dietitian is regulated. Information on how to raise a concern is available from The Nova Scotia Regulator of Dietetics.