

SUBJECT	Registration Requirements for Virtual and In-Person Dietetic Services		
Approved by: Board	Effective 5/12/25	Reviewed	Revised

POLICY

Dietitians who are registered in another jurisdiction and provide services to Nova Scotia residents must meet NSRD registration requirements and follow the regulatory standards in both their home jurisdiction and Nova Scotia.

For the purposes of this policy, Nova Scotia residents are defined as individuals who are registered for a Nova Scotia Health Card (MSI).

PROCEDURE

1. A Dietitian licensed by the NSRD who provides virtual dietetic services to clients who reside outside of Nova Scotia must:
 - a. verify and comply with the registration and licensing requirements and regulatory standards of the dietetic regulatory body in the jurisdiction where the client resides
 - b. ensure the client is aware that they are a licensed registrant of the NSRD.
2. Dietitians who are registered in a jurisdiction outside of Nova Scotia who are providing in person dietetic services in Nova Scotia to residents of Nova Scotia and using the protected titles of dietitian, registered dietitian or professional dietitian must be licensed with NSRD.
3. Dietitians who are registered in a jurisdiction outside of Nova Scotia and provide virtual dietetic services to residents of Nova Scotia and use the protected titles of dietitian, registered dietitian or nutritionist must be licensed with the NSRD.

Exceptions To Registration Requirement for Virtual Practice

- Registration with the NSRD is not required for dietitians who are providing virtual follow up care to residents of Nova Scotia that is related to the in-person care received in another Canadian jurisdiction, provided that the care is part of a longitudinal care relationship where the care is managed by the primary province's Health Authority or Crown Corporation.
- Registration with the NSRD is not required to provide virtual follow up care for those who temporarily relocate to Nova Scotia but retain health care registration in the province where they permanently reside. For example, university students.
- Registration with the NSRD is not required to provide online classes or in other circumstances where individual care is not provided. The dietitian is responsible for

referring any questions related to individual care to a dietitian in the client's province.